

## Struggling with Opiate Addiction?

Email us at [contactus@riveroakspediatric.com](mailto:contactus@riveroakspediatric.com) for more information and a confidential consultation. (All emails are secure and confidential)

### What is suboxone?

Suboxone is a pill you dissolve under your Tongue to reduce withdrawal symptoms And craving in people who are dependent On opiates.

Suboxone is the first opioid medication Approved for the treatment of opiate Dependence in a private office setting.

Suboxone helps people focus on their Recovery without the intense cravings that Often lead to slips or relapses.

### Who is a candidate for Suboxone treatment?

- People whose drug of choice is opiates
- People who are otherwise healthy and are Able to come to the clinic for treatment.
- People who have financial resources to afford treatment.
- People who are appropriate for outpatient treatment and do not require detox from other addictive drugs (i.e. alcohol, Xanax, valium, klonopin).
- People who have been to treatment for their addiction and continue to have cravings or who have never been to treatment but have not been successful at quitting on their own.
- People who are honest about their addiction, serious about their recovery and understand that their best chance of success is with medication in conjunction with counseling &/or self-help groups

### What do I need to do to get treatment?

### How the Suboxone Program Works

- You will receive a call from our clinic staff, to conduct a phone screening. This is at no cost or obligation to you.
- You may schedule a more extensive evaluation in the office if you prefer. There will be a \$75 fee for this consultation that will be applied to your first month's cost if you begin treatment.
- If you are appropriate for our program and you want to begin treatment, a date and time will be scheduled for the induction of Suboxone Treatment.
- You will need to be in moderate withdrawal (no opiates for at least 18-24 hrs) and have paid your first month's fees before beginning treatment.
- We will obtain lab work and drug testing at the start of treatment and as needed thereafter.
- Daily (or every other day) visits will be necessary until Dr Alhusein has determined that you are on an adequate dose of suboxone (you are tolerating the medicine well and your opiate cravings are eliminated).
- After your Suboxone dose is stabilized, you will return to the office as necessary for follow-up and prescription refills (at least once a month).
- The maintenance phase of Suboxone treatment usually lasts about one year. After this time, we will reassess your need to continue the medication or develop a plan to slowly taper you off.

### What should I expect at my first visit?

- You will need to be in moderate withdrawal (no opiates for 18-24 hours).
- Bring the bottles of all medication you are taking with you to the appointment.
- The 1st month's fee is due before induction
- Lab work and drug test may be obtained,
- Your first visit is generally the longest and lasts from 1 to 4 hours.

- Call, e-mail or come by the office and tell the receptionist that you like to discuss Suboxone treatment.
- You will be asked to provide a phone number and a time that you can be reached.
- You will be contacted someone at the clinic, within 24-48 hours. They will confidentially discuss our Suboxone treatment program and all available treatment options for your opiate addiction.

- Once you and Dr Alhusein agreed that you can begin Suboxone treatment, you will be given a prescription to have filled at your pharmacy for the amount of Suboxone needed until your appointment.
- You will return to the clinic and we will supervise your first dose of Suboxone. Your response will be evaluated after 1 hour. An additional dose may be given.
- Once we are comfortable with your response, we will give you instructions on taking the Medication at home and when to return for Follow-up.
- Because Suboxone can cause drowsiness at first, you should arrange a ride home and you may not want to return to work that day.

### **How much does the Suboxone Program Cost?**

- 1-The phone consultation is at no cost or obligation
- 2- The cost of the medication is NOT included in our fees. The Suboxone medication typically costs \$200-\$300 per month at your pharmacy. If you have health insurance, it may pay for all or part of your medication.

### **First Month Fees: \$300.00**

This includes:

- 1-Suboxone induction
- 2-All Necessary office Visits
- 3-Development of an individualized treatment plan with the Doctor and Suboxone Coordinator.
- 4- PATIENT OR PATIENT INSURANCE WILL BE RESPONSIBLE FOR ANY LAB WORK AND DRUG SCREENS.**

### **2<sup>ND</sup> Month Fees and thereafter: \$125.00 per month**

This includes:

- 1-Suboxone maintenance prescriptions.
- 2-All office visits related to your Suboxone treatment.
- 3-Treatment consultations & evaluations
- 4- PATIENT OR PATIENT INSURANCE WILL BE RESPONSIBLE FOR ANY LAB WORK AND DRUG SCREENS.**